



DNA of Discipleship, Part 1
“5 Healthy Heads of ‘Let Us’”
September 7-8, 2019

Opening Questions (what is God doing in your life?)

- What are you thankful for this week? (Good focus for worship & prayer)
- What is a challenge you’re facing? How can our group help? (Guides your group members into caring community)
- What is God teaching you through the Bible and your circumstances? Do you have a S.O.A.P. (Scripture, Observation, Application, Prayer) journal entry you’d like to share? Blank S.O.A.P. journal pages available at lifegroups.mycrosscity.com; click the “Resources” button.

Discovery Questions (hear *and* put into practice, Matthew 7:24)

- What kinds of gatherings have you most enjoyed? What makes them special?
- What makes a Christian gathering unique compared with any other type of gathering? [the presence of God, true spiritual fellowship with Him and with Christian brothers and sisters, dedicated to the Lord and His purposes, etc.]
- Read **Hebrews 10:19-25**.
- How many times in this passage are the words we, us, our, and one another? How does that affect the way you think about our Christian gatherings (church services, groups, etc.)? What can you do differently to put these things into practice when we gather?
- Pastor Dave mentioned that disciples gather to worship the Lord. Have you ever thought after a weekend service, “the worship was good today,” or “the worship wasn’t so good today”? What was that based on? Describe the difference if we are truly worshipping the Lord.
- Pastor Dave (and the author of Hebrews) said that disciples gather to spur one another on toward love and good deeds, and to encourage one another. How could you put this into practice before and after weekend services? In your Life Group?

- Pray *together* that the Lord would so work in *us* that *our* gatherings are pleasing to Him, and *we* would actively look for ways to be a blessing to *one another*.

Bible Study Tools: In addition to a good **study Bible** (examples: NIV Study Bible, NLT Study Bible, Life Application Study Bible in NIV or NLT), here are some free online resources to help you better understand the Bible:

- <https://www.biblegateway.com>. Many translations can be viewed in side-by-side columns; includes word searches, commentaries, and Bible dictionaries.
- <https://www.blueletterbible.org/>. Searches, commentaries, Bible dictionaries, and an interlinear Bible (shows Hebrew or Greek alongside English, allows you to study the meaning of the original words).
- Yes, you can “**Google**” your questions, but there is a mix of good and bad online. Look for results from the above sights plus <https://www.gotquestions.org/>, <https://biblehub.com/>, <https://www.biblestudytools.com/>, <https://billygraham.org/>, <https://www.desiringgod.org/>, <https://www.studylight.org/>, and <https://bible.org/>. If you’re not sure about what you’re reading, ask one of our pastors or a Christian friend you trust. Many advisors bring success (Proverbs 15:22, NLT)!

Daily Devotion (Bible reading, Prayer, Journaling): Encourage group members to engage with the Bible 4 or more times each week. Recent studies have shown that this is the most important factor in ongoing transformation. Options:

- Crawl: Verse of the day from YouVersion or BibleGateway Bible Apps.
- Walk: Short reading plans from YouVersion Bible App.
- Jog: Bible reading plans available in Worship Center lobby, at your own pace.
- Run: **Life Journal** (includes reading plan, daily pages, table of contents to track entries, prayer list). Available at <http://www.lifejournal.cc/>.

CALENDAR (3 terms per year: Fall, Winter, Spring)

- Week 1: Discussion Guide
- Week 2: Discussion Guide
- Week 3: Prayer Experience (go to <https://lifegroups.mycrosscity.com/resources/> for Prayer Experience #1 Guide)
- Week 4: Discussion Guide
- Week 5: Strongholds discussion/prayer (go to <https://lifegroups.mycrosscity.com/resources/> for guide)
- Week 6: Serve Experience: (go to <https://lifegroups.mycrosscity.com/resources/> for Serve Experience options)
- Week 7: Discussion Guide
- Week 8: Discussion Guide
- Week 9: Discussion Guide
- Week 10: Celebration: share the biggest thing God has done in your life over these 10 weeks, affirm and pray a blessing over each other, share communion.