



CrossCity  
CHRISTIAN CHURCH

A large, light gray, stylized tree graphic with a thick trunk and many small leaves, positioned on the left side of the page. The trunk and roots extend downwards, while the canopy spreads outwards and upwards.

# **SHAPES OF ROOTED** PRAYER EXPERIENCE

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Welcome to the Shapes of Rooted Prayer Experience. This booklet will provide a framework for our prayer time, which is based on the Lord's Prayer in Matthew 6:9-13. Our time together will include three sessions, a time for the group to focus on the Lord's prayer, an individual time for prayer and reflection on the Lord's Prayer and other verses, and then a concluding time of group prayer to share our reflections.

**Group Time:** You will read/pray through the Lord's Prayer twice, noting thoughts and impressions as you go along. Then share as a group the thoughts and impressions you received.

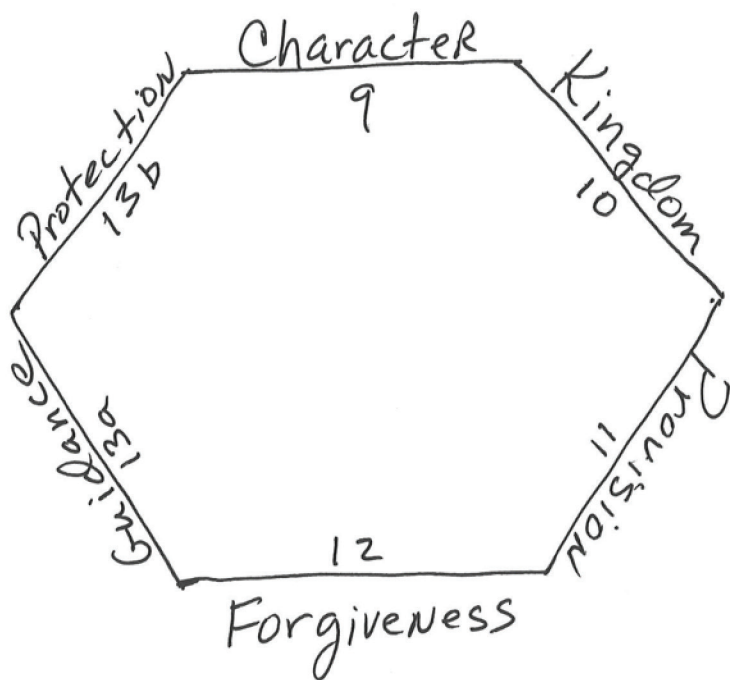
**Individual Time:** Find a quiet place to continue your prayer time alone. Focus on the Hexagon sides and the Lord's Prayer verses printed on the top of each page. If you would like some additional input, read the verses and questions at the bottom of the page and add that to your reflection.

**Final Group Time:** Come back together as a group and work through each side of the Hexagon, sharing/praying your thoughts and reflections with the group.

## Matthew 6:9-13 – THE LORD’S PRAYER

- 9** Our Father in heaven, hallowed be your name,
- 10** your kingdom come, your will be done, on earth as it is in heaven.
- 11** Give us today our daily bread.
- 12** And forgive us our debts, as we also have forgiven our debtors.
- 13a** And lead us not into temptation,
- 13b** ...but deliver us from the evil one.

# Lord's Prayer Hexagon Matthew 6:9-13



## CHARACTER – Matthew 6:9

(In the space provide, jot down your thoughts and prayers)

### Romans 8:14-17, Gal 4:4-7

- What images come to mind thinking of God as father?
- What does “in heaven” suggest to you?
- What response do you have when something is “hallowed?”

# KINGDOM – Matthew 6:10

## Revelation 4:8-11

- What does the image of God as king bring to mind?
- If God is king, what role do you play in his kingdom?
- How would the world look different if God's kingdom had more influence?
- Who needs to be brought into the kingdom?

# PROVISION - Matthew 6:11

## John 16:23-24, Matthew 7:7-11

- What is hard about asking for simple things like bread?
- What do you need from God right now? In the next 24 hours?



# **FORGIVENESS – Matthew 6:12**

## **Ephesians 1:4-8**

- What benefits have you experienced because God forgave you?
- When is it easiest to feel holy and blameless before God?  
Hardest?
- Who might you need to forgive now?

## **GUIDANCE – Matthew 6:13a**

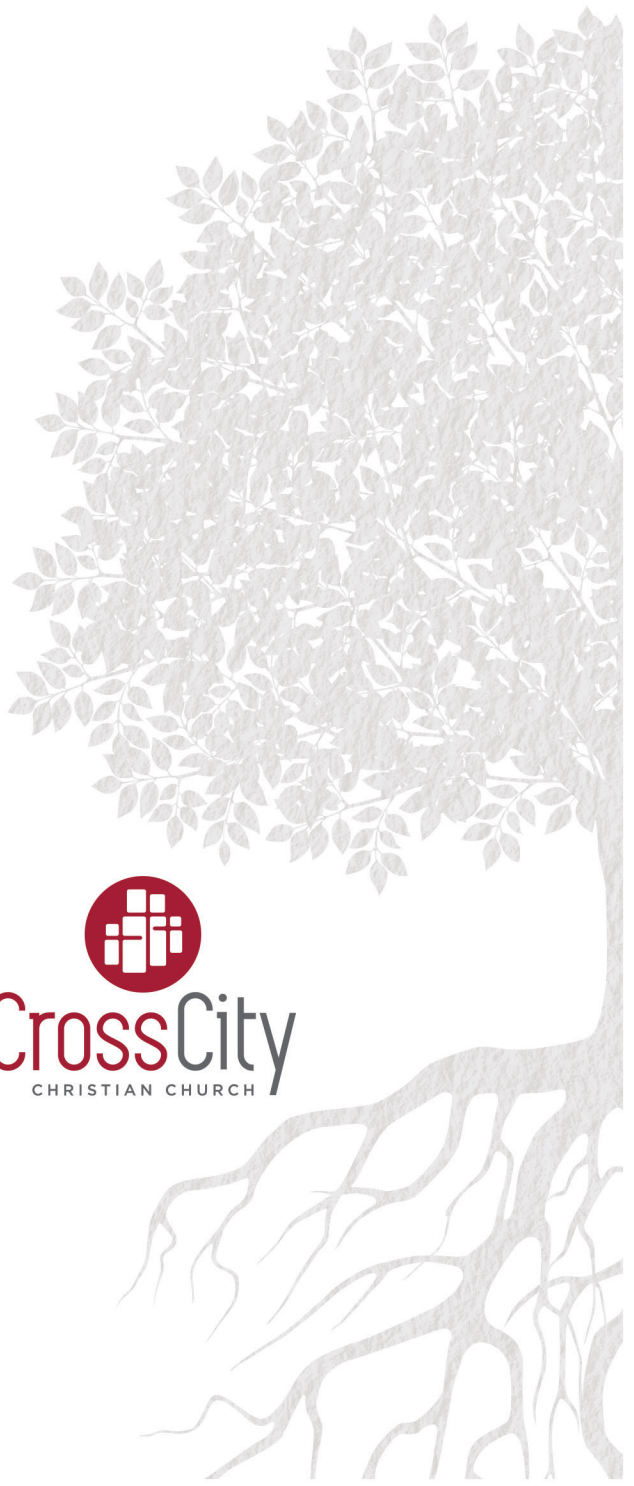
### **Proverbs 3:5-6, Ephesians 1:17-19a**

- What is most difficult for you about asking God to lead you?
- Where are you struggling now to follow his lead?
- How does knowing Jesus better help us follow him?
- What does Ephesians suggest God wants to lead/called us into?

# PROTECTION – Matthew 6:13b

## 1 John 4:4, 13-18

- When do you struggle to believe that God's power is sufficient for what you need?
- What causes you to fear?
- How does God's love help you overcome fear?



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