



April 27-28, 2024

Opening Conversation Starters

- Share a meal together.
- Share an experience from your daily devotions (How is God at work in your life?)
- Share a takeaway from the Weekend Message (What has God been saying?)

Discussion Questions from Weekend Message (To help you hear *and* practice)

- In what season of life was it the most difficult for you to trust God? Why?
- Read [Lamentations 3:1-20](#). Describe a time in your life when you could identify with some of these feelings. How might the fact that the writer experienced these thoughts and feelings encourage us?
- Read [Lamentations 3:21-27](#). Where can we find hope when we are struggling? Describe several details in this passage that will help.
- Pastor Lito said we have a fear of trusting God sometimes. What makes you afraid to trust?
- Why do you think Elijah was afraid to trust God after his powerful victory (see [1 Kings 19:1-5](#))?
- What physical and spiritual factors may add to our fear?
- How much does fear keep you from telling others about Jesus? Do you think we are sometimes afraid of the results (see [Mark 5:15-17](#))?
- Read [1 Thessalonians 5:16-18](#). How can each of the three actions named in these verses be a cure for fear?

Prayer Time

Pray for anyone in your group that may be in a season of fear or lack of trust in God. Continue to pray for the people that we mentioned last week that might be struggling with doubt. Ask God to help us overcome any fear we might have of sharing Jesus with them.

Rhythms of Discipleship



Prayer

Prayer can be a cure for many of the fears that we may experience. Praying in your group multiplies our faith, helps us learn to pray more effectively, and encourages us to be more faithful in prayer. Consider ways that you can enhance your group prayer time. You may also want to devote an entire meeting to a prayer experience. You can find some prayer experience tools on our [Life Groups Website](#), [Leader Helps](#), [7 Rhythms](#).