



January 11-12, 2025

Opening Conversation Starters

- Share a meal together.
- Share an experience from your daily devotions (How is God at work in your life?)
- Share a takeaway from the Weekend Message (What has God been saying?)

Discussion Questions from Weekend Message (To help you hear *and* practice)

- What was the best vacation you have ever taken? What makes a vacation the most restful for you?
- Read [Hebrews 4:1-11](#). What do you think the writer means by rest, as it is used throughout this passage? How does verse 1 direct us toward a different idea of rest than God offered to the Israelites?
- What are two reasons that people miss God's rest according to verses 2 and 6? Read [Hebrews 3:7-11](#). What caused Israel to miss God's rest? How could that be true of us today?
- Pastor Zach said that simplicity leads to margins, and margins lead to peace. How might simplifying our lifestyle also help us find God's "rest?"
- Read [1 Timothy 6:17-19](#). How does verse 17 challenge us to trust God for what we need? How can simplifying your schedule and possessions lead to greater peace and a deeper relationship with God?
- Pastor Zach reminded us that simplifying our lives and schedules can lead to generosity and more focus on our mission. What challenge and encouragement do we receive from verses 18-19?
- Read [1 Timothy 6:6](#). How can our group help us focus on developing godliness? How would that help us gain all that God has for us?

Prayer Time

As you have talked about ways your group can help each other, pray for God to help you as a group to stay focused on him and on ways to develop godliness and simplify your lives.

Rhythms of Discipleship



Sacrificial
Generosity

To help you have some good conversations on ways to simplify life and develop generosity, consider some of the ideas shared on our [Life Groups Website](#), [Leader Helps](#), [7 Rhythms](#), [Sacrificial Generosity](#).